



Sonshine Invitational

October 16-17, 2010

Event Schedule

Saturday 10/16/10

Session 1— Level 3 & Level 6: Langley Gymnastics, Roses Gymnastics, Shooting Stars, Sonshine Gymnastics

Open Stretch	2:00—2:30 pm
Warm-up first event	2:30—2:40 pm
March in	2:40—2:50 pm
Competition	2:50—4:20 pm
Awards to follow	

Session 2—Level 4 : Langley Gymnastics, New Bern Gymnastics, Shooting Stars, Sonshine Gymnastics

Open Stretch	5:00—5:30 pm
Warm-up first event	5:30—5:40 pm
March in	5:40—5:50 pm
Competition	5:50—7:10 pm
Awards to follow	

Sunday 10/17/10

Session 3—Level 5 : Langley Gymnastics, New Bern Gymnastics, Roses Gymnastics, Sonshine Gymnastics, Wake Gymnastics

Open Stretch	9:00—9:30 am
Warm-up first event	9:30—9:40 am
March in	9:40—9:50 am
Competition	9:50—11:40 am
Awards to follow	



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Directions to Sonshine Gymnastics:

From either 40 E or 40 W
Take US 1 S/US 64 W, toward Sanford
Take the NC 55 exit, Exit 95
Turn left towards Fuquay Varina and Holly Springs
Continue approximately 4.3 miles on NC 55 BYP E
Turn Right on New Hill Rd.
Take immediate Left onto Irving Parkway
Turn right on Thomas Mill Rd.
Gym is approximately .2 miles on left.
151 Thomas Mill Rd. Holly Springs, NC 27540
(919)557-9990